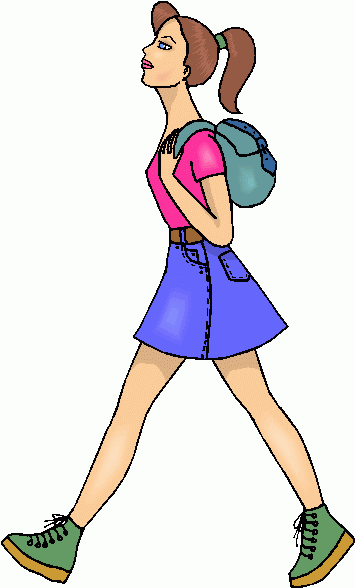




**A New Year’s resolution is an old tradition, in which a person makes a promise to do an act of self-improvement beginning from New Year’s Day.**



**Here are some examples of people’s most common New Year’s Resolutions. Match them with the pictures on the left.**

1. I will save for the future
2. I will eat healthier.
3. I will start a diet.
4. I will take a trip to … .
5. I will tidy my room more often.
6. I will spend less time playing computer games.
7. I will read more books.
8. I will drink lots of water.
9. I will quit smoking.
10. I will exercise regularly.
11. I will go earlier to bed.
12. I will pay off my credit cards.
13. I will spend less time on social networks.
14. I will learn something new.
15. I will spend more time with family.
16. I will talk less and listen more.
17. I will enjoy life more.
18. I will be more positive.
19. I will help someone in need.
20. I will get good grades.
21. I will be punctual.
22. I will get new friends.
23. I will reduce, reuse and recycle.
24. I will walk more.
25. I will be kind.
26. I will text less.





